**COLLEGE OF EDUCATION**

**Bachelor in Technology and Livelihood Education (BTLEd)**

 Course Requirement in Ed 227: Assessment of Learning 2 with Emphasis on Trainers Methodology 1 and 2

**AFFECTIVE-BASED AUTHENTIC ASSESSMENT**

Subject: Technology and Livelihood Education

Grade Level: Grade 8

Topic: Coping with Stress/Communication

**INTENDED LEARNING OUTCOMES:**

At the end of the lesson the students with 80% of accuracy should have:

* Evaluate each Students behavior in terms of communication and how they cope their stress.

**ASSESSMENT TASK:**

* Teacher will administer a checklist to know students’ behavior on how they cope up their stress in a classroom.

**INSTRUCTIONS:**

Materials: Checklist

        Process/ Mechanics: Teacher will administer a checklist to know students’ behavior on how they cope up their stress in a classroom.

* Teacher will give it to Grade 8 Students.

        Tips & Reminders: Be Honest in answering the survey/questionnaire.

        Time frame: The students will be given 1 hour to answer the survey/questionnaire.

        Submission: Right After the Self-Assessment.

**RUBRICS:**

**Instructions: Put a check mark on the column according to what students feel. Not Yet (5), Sometimes (4), Frequency (3).**

|  |  |  |  |
| --- | --- | --- | --- |
|  | Not Yet (5) | Sometimes (4) | Frequency (3) |
| 1. I tend to tell my teacher about my situation. (responding/communication) |  |  |  |
| 1. I listened to my teachers’ advice about my unsaid feelings. (receiving/communication) |  |  |  |
| 1. I was able to give myself some privacy. |  |  |  |
| 1. I follow their advices on how I cope up my stress. (valuing/communication) |  |  |  |
| 1. I encourage myself to communicate more with my classmates and teacher and establish a trust to them. (valuig/communication) |  |  |  |
| 1. I was able to formulate and organize some steps on how I should overcome my stress through the help of my classmate and teacher. (organizing/communication) |  |  |  |
| 1. In order for me to cope my stress I was able to participate all my activities in school. (characterizing/communication) |  |  |  |
| 1. I was encouraged to do or engage in stress reducing activities such as exercise and mindfulness. (receiving/communication) |  |  |  |
| 1. I was being provided with accurate and age appropriate information. (receiving/communication) |  |  |  |
| 1. I never use or joined any activities that would help me cope my stress. (characterization/communication). |  |  |  |

**REFERENCES:**

**(APA, categorized, alphabetical)**

**Online Sources:**

* **Books: Schneider, S. A. (1997). Stress and the Chemotherapy Care Professional: Coping Through Communication. *North Dakota Journal of Speech & Theatre*, *10*(1).**

**Journals: North Dakota Journal of Speech & Theatre . Sep1997, Vol. 10 Issue 1, p42-51. 10p.**

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